NAPLAN

Our Years 3 and 5 students completed their NAPLAN assessment today. Those who were absent for any day of the tests will complete the assessments they missed tomorrow. Results will be made available to parents and the school later in the year.

Student Fundraising for Canberra

Grace and Jessie will be selling cupcakes next Monday. Due to unforeseen circumstances they were unable to sell their cupcakes on Tuesday as originally planned. Cupcakes will be available at recess for 50c each.

Sam and Kayla will be running a chocolate raffle on Thursday 28th May. Tickets will be 50c each and the prize will be a yummy chocolate.

The in-school fundraising activities which are being coordinated by students are designed to give them the opportunity to coordinate a fundraising activity and discover that raising money is not as easy as it may seem!!! We ask you to support our students in this endeavour.

GRIP Leadership Conference

A fantastic day was had by the Year 6 students who attended the GRIP Leadership conference in Tweed Heads last Friday. All students engaged in the conference activities and were given insight into what good leadership is and isn’t! Josef was chosen to ask a question in front of the 500 participants and did an excellent job representing our school. Eltham Public School students followed our Eltham Expectations throughout the day and I was very proud to have them as leaders in our school.
Happy Birthday

May 14th - Dylan, May 16th - Rose

A very big Happy Birthday to both Dylan and Rose from everyone at Eltham Public School. We hope you both enjoy your special day.

First North Cross Country Carnival

Congratulations to all the students who participated in last Thursday’s Cross Country Carnival at Clunes Public School. All Eltham students displayed terrific sportsmanship and competed enthusiastically in their races. Their fantastic effort helped Eltham take out 3rd place overall. Special congratulations to Oliver, Jessie, Nikola, Grace, Chloe and Noah F who qualified for the Zone Carnival and also to Sienna, Eloise and Zac who have been named reserves. All students’ behaviour was exemplary with consistent cheering helping those competing across the finish line. Thank-you to Humphrey Herington and Charlie Davies who volunteered as supervisors on the track and also, to all those parents who came to support the kids.

Small Schools Soccer Knockout

Eltham will be participating in this activity again this year. Our first game is scheduled for Friday 5th June at South Lismore Public School against Blakebrook Public School. Students will again be asked to trial for the team and be committed to lunch time practices. The date of the trials will be communicated to all primary students when they are finalised. Those selected to play in the team will be required to pay $2 (cash) to cover the cost of the referee. (Please do not send any money until the team is finalised).

All students in Year 2 to 6 will be attending the game, with those not playing being spectators. Transport will be by bus and there will be no cost for this activity. Permission notes and further details will be sent home closer to the game. This activity will be coordinated by Mr McKenzie.

Life Education Van

The Life Education Van will be visiting Eltham Public School on Thursday 4th June. We understand that this clashes with the Chess Challenge at Modanville Public School and students can choose which they would like to participate in.

The Life Education Van is an important part of our Health program and all students are strongly encouraged to attend. Those who do not return permission notes and money will be unable to attend and will be supervised in an alternate classroom.

Permission notes and further information is attached.

Currrumbin Excursion

Students in Kindergarten to Year 4 will be travelling to Currrumbin Wildlife Sanctuary on Tuesday 23rd June 2015. Transport to and from Currrumbin will be by bus leaving Eltham Public School at 7.45am sharp and returning to school by 3.40pm. Cost for this excursion will be $35.00 per student. There are 10 seats available on the bus for parents to accompany us on this excursion. So it will be a first in best dressed basis. Cost for adults is $15.00 each. (no pre-schoolers please) Please complete the permission note attached and return to school with payment by no later than Friday 12th June 2015.

Thankyou

The staff at Eltham Public School would like to thank all families for their support as we continue to offer students a range of wide and varied educational experiences. We understand that many of these come at a cost and appreciate your prompt return of payment and notes. This term has been particularly expensive for our senior students with ArtSmart, GRIP Leadership and our major excursion to Canberra. Payment plans are available so please contact the school if you would like to access this option.

Canberra Fundraising

Skating - The weather has been checked and there is no flooding forecast for this Saturday evening. Please come along to our Family Skate Night to help raise money for all Year 5,6 students heading off to Canberra in June. Please invite as many family and friends, neighbours etc to come along. A letterbox drop was done for our first attempt at skating but this time there has been no time so please utilise your social media skills and resources to get the event out there:

This Saturday 6pm-8pm, $6.00 entry and $2.00 skate hire, non skaters free!

Pie Drive - Keep selling those pies everyone. They will make a great dinner on these cool nights. Orders and payments must be returned by Monday 1st June and pie delivery day is the Tuesday 9th June. Sorry, no late orders can be accepted. More order forms are available from the office or can be emailed. On the 9th of June some helping hands to sort pies would be appreciated, please contact me if you can assist on the day.

For any information regarding skating or pies contact Kyleigh Polley 6629 6133 or email bevanpolley@bigpond.com

All money raised from skating and the pie drive will go to all Eltham students who are attending the Canberra Excursion.

“Helping Each Other Grow”
Big Scrub/First North Chess Challenge

Students in Years 3-6 are invited to be part of the Big Scrub/First North Chess Challenge to be held at Modanville Public School on Thursday 4th June 2015. A reminder notes are due back at school by Thursday 21st May 2015.

Lost Property

We have a number of unlabelled drink bottles and containers in lost property. These are on the bench inside the residence for your collection. If they have not been claimed by next Thursday they will be sent to the opportunity shop.

Please ensure that all your child’s belongings are clearly labelled so they can be returned to them.

Winter Uniforms

We have available for sale sloppy joes with the school logo for $20 each, zip front green fleecy jackets for $16.50 each and one pair of size 12 fleecy green track suit pants for $15.00. I will be placing and order for “green” items on Friday 22nd May if I can meet the minimum order required. Items can be viewed on www.lwreid.com.au and orders can be placed at the school office.

Please don’t hesitate to contact me if you would like to place an order or have any uniform enquiries. Donelle

P&C News

Bunnings Cake Stall - We must thank each and everyone who contributed to the stall from donations of wonderful home baked products to those who came and bought baking and helped out on the day. There are still some jars of Green Paw Paw relish available for sale for $6.00 per jar. We made a total of $416 and any left over baking was donated to the Lismore Soup Kitchen. Thank you again everyone for supporting Eltham. A special thank you to Hannah M, Dylan, Laura, Josef and Em for helping to sell baking and raffle tickets on the day. This was a great experience for the students to be involved in and helped build self-confidence and pride in our school.

Pub Raffles - May is raffle month at the Eltham Pub. Come down and help Charlie sell some tickets and raise much needed funds for our school. Each Friday evening for the month of May.

Mother’s Day Raffle - The Mother’s Day raffle was drawn at the Lismore Bunnings Cake stall on Saturday. 1st prize went to Bill Monck, 2nd prize to Charlie Davies, 3rd prize went to Kylie. Thank you to Lia Masman for delivering the prizes to our winners. We raised $230 in ticket sales. Thank you everyone once again for selling tickets to support Eltham Public School.

We have a wonderful parent group, fantastic students, an amazing school and staff. Thank you.

Community News

Summerland Alstonville Festival – 150 years of Alstonville celebrations, Sunday 31st May. Starts at 8.00am, Main Street closed until 5.00pm. pig races, markets, kids’ ride, live music and more. Free entertainment for the whole family.

See the community noticeboard for more details on the any of the above notices.

News from the Department of Health

Great reasons to be active for children and parents

- boosts confidence
- improves fitness
- makes bones and muscles stronger
- improves posture
- helps maintain a healthy weight
- lowers the risk of heart disease
- reduces stress
- improves sleep
- reduces the risk of cancer
- improves self confidence
- teaches you new skills
- develops better motor skills
- makes a person happier with their body

Do something active every day!
News from the Department of Health continued

Barbecue Ideas

Barbecues are a great Australian way of social cooking and keeping the kitchen clean. They don’t need to always mean sausages: consider how you could turn it into something simple, nourishing and a whole lot more exciting.

Lean hamburgers or Vege Burgers (homemade patties containing vegetables &/or lentils/beans) on bread rolls, served with

- coleslaw,
- onions and tomato
- pepper & parsley
- BBQ capsicum and onion slices

Use wholemeal and multigrain varieties, no need to butter rolls. For small children offer mini burgers.

Offer BBQ veggies e.g. BBQ Corn Cobs, thread any of eggplant, zucchini, mushrooms, onion, capsicum, celery and pineapple pieces onto skewers for a delicious side dish.

Challenging Play - Risky!

Children both need and want to take risks in order to explore their limits, venture into new experiences and for their development. Any injury is distressing for children and those who care for them, but the experience of minor injuries is a universal part of childhood and has a positive role in child development.

An ideal environment allows for developing and testing skills in safe, creative play. Children need opportunities to:

- Develop skills in negotiating the environment (including risks);
- Learn how to use equipment safely and for its designed purpose;
- Develop coordination and orientation skills;
- Take acceptable risks; and
- Learn about the consequences (positive/negative) of risk taking

Risk does not always have a negative outcome. Many positives can come from taking risks. Therefore, it can be helpful to think as risk being divided into two components:

A challenge: something obvious to the child where he/she can determine their ability and decide whether to take that risk

A hazard: something unseen or not obvious to the child that often results in injury!

Both are Risks

Managing risk and challenge

Effective risk assessment and management requires:

- Distinguishing between acceptable and unacceptable risks including:
- The likelihood of coming to harm;
- The severity of that harm; and
- The benefits, rewards or outcomes of the activity.
- Observing the children and identifying those who need greater challenge or specific support
- Establishing and displaying expectations for behaviour
- Actively encourage children to assess risks and possible consequences
- Establish a systematic maintenance program

Benefits of risk taking

When considering the benefits, rewards or outcomes of the activity you may include the following:

- Pleasure
- Development of self-confidence and well-being
- Engagement with the natural environment and natural elements
- Learning through experience
- Mixing between different age ranges

By weighing up the positives as well as the negatives of a risk in a playground, providers are more likely to be able to provide for managed risk which is engaging, developmentally appropriate and beneficial for children of all ages.

From: http://www.kidsafensw.org/playground-safety/challenging-play-risky/